



Coast to Coast & Around the World

NEWFOUNDLAND & LABRADOR (NL)

Population: 536,183

Income Per Capita: C\$62,100 (Average Canadian Income per capita: \$68,400)

Government: <https://www.gov.nl.ca>

info@gov.nl.ca

NL Office of Immigration/Multiculturalism: immigration@gov.nl.ca or call: 709-729-6607

Tourism, Culture, Arts and Recreation: Tel: 709-729-7000 - Toll-Free: 800-563-2299

E-mail: tcar@gov.nl.ca

Major Cities: Saint Johns, Mount Pearl, Conception Bay South, Corner Brook

Multicultural Council of Canada

Non-Profit umbrella organization, promoting world cultures, education & healthcare

<https://www.multiculturalcouncilofcanada.ca> Email: info@multiculturalcouncilofcanada.ca

WE are a non-profit membership organization, helping you connect with people and organizations within **Newfoundland & Labrador** and beyond, for better communication, exchanging ideas, learning & helping communities locally, nationally and globally thru Multicultural Council Chapters.

We encourage you to please become a *member*, join one of our committees, **be a *volunteer or mentor***, *donate your time & money and share your ideas to help the communities*. Membership is open to individuals, organizations, corporations and governments.

Please *advertise* your organization, services or products in this website to reach out to local, regional and global multicultural communities.

Tourism Promotion has become our special project during these uncertain times, which is hurting Canada's \$105 Billion Yearly (2019) Tourism Revenue, employing more than 2 million people. Unfortunately it is also hurting Tourism revenues in Newfoundland & Labrador significantly.

The Multicultural Communities within NL and throughout the world have always been instrumental in increasing Tourism Revenues for Newfoundland & Labrador, for employment and our economic growth. Let's work together to help each other.

Newfoundland & Labrador Information & Contacts:

1. **History & Culture:** [https://en.wikipedia.org/wiki/Newfoundland_\(island\)](https://en.wikipedia.org/wiki/Newfoundland_(island))
2. **Demographics:** <https://www.stats.gov.nl.ca/>
3. **Tourism:** www.newfoundlandlabrador.com
4. **Newfoundland and Labrador Heritage:** <https://www.heritage.nf.ca>
5. **Health & Community Services:** www.gov.nl.ca/hcs/ - healthinfo@gov.nl.ca
6. **Health Canada First Nations and Inuit Health:** <https://www.sac-isc.gc.ca>

7. **811** Health Line - 1-888-709-2929

8. **Mental Health Crisis Line** 24 hour: 1-888-737-4668
9. Mental Health and Addictions System Navigator: 1-877-999-7589
10. Sexual Assault Crisis Line 24 Hour: 1-800-726-2743
11. Domestic Violence Help Line: 1-888-709-7090 or **1-888-242-2100 -National Domestic Violence Hotline**
12. Seniors NL Information Line: 1-800-563-5599
13. 2SLGBTQIA+ Warm Line: 1-866-230-8041
14. Gambling Help Line (Toll Free): 1-800-363-5864
15. Kid's Help Phone 24 Hour: 1-800-668-6868
16. Children's Protection Services (24 Hour): (709) 752-4619
17. Poison Control Centre (24 Hour): (709) 722-1110
18. Choices for Youth 24 Hour (Shelter/support/safety for young men): (709) 757-3050
19. Naomi Centre 24 Hour (Shelter/support/safety for young women): (709) 579-8432
20. If you feel suicidal or know someone who feels suicidal, please call 1-833-456-4566 (Canada Suicide Prevention Service).
21. **The Canada Suicide Prevention Service:** text 45645 or call: 1-833-456-4566 (toll free) 24/7 or visit www.crisisservicescanada.ca
22. **National Overdose Response Service (NORS):** NORS is an overdose prevention hotline for Canadians providing loving, confidential, nonjudgmental support for you, whenever and wherever you use drugs. <https://www.nors.ca/> Toll-free 1-888-688-6677
23. **Some of the Multicultural Organizations listed hereunder may also offer help.**

Anyone experiencing pain or distress as a result of their residential school experience can access this 24-hour, toll-free & confidential National Indian Residential School Crisis Line at 1-866-925-4419.

All information contained in this website, including contacts, tel #s or emails, etc. are up-to-date to the best of our knowledge. The Multicultural Council of Canada, its officials, staff or volunteers cannot be held responsible for any errors, wrong info or for any liability of any type whatsoever arising thereof. It is strictly your responsibility to check the correct info

THANK YOU FOR VISITING OUR WEBSITE

**PLEASE FORWARD IT TO YOUR FRIENDS & ASSOCIATES
WITHIN NEWFOUNDLAND & LABRADOR AND BEYOND**

Please help us by adding, correcting & improving this website to serve our communities

Please *advertise* your goods & services in this website – to help us continue our services to communities in Newfoundland & Labrador - <https://multiculturalcouncilofcanada.ca/media-kit-ad-rates>

GLOBAL SCHOLARSHIP PROGRAM

Please *donate* & support our Tuition-Free, Post-Secondary Education for the qualified refugees living in Newfoundland & Labrador or anywhere else in the world, through UNHCR and the

American Academy of International Education (<https://www.americanacademyedu.org>)

Multicultural Council is a partner agency of UNHCR

- American Academy of International Education is affiliated with MCC

