



Coast to Coast & Around the World

## BRITISH COLUMBIA (BC)

**Population:** 5,519,013 (July 1, 2023)

**Income Per Capita:** \$68,500 (Average Canadian Income per capita: \$68,400)

**Government:** <https://www2.gov.bc.ca>

Tel: Victoria: 250 387-6121 -

Vancouver: 604 660-2421 -

Outside of Canada/USA.: 1 604 660-2421

**Toll free: 1-800-663-7867**

**Text Message: 1-604-660-2421**

**Multiculturalism:** [multiculturalism@gov.bc.ca](mailto:multiculturalism@gov.bc.ca)

**Tourism:** <https://www.destinationbc.ca>

**First Nations:** Chinook, Coast Salish, Chimakum, Da'naxda'xw, Gitksan, Haida, Haisla, Heiltsuk, Kwakwaka'wakw, Makah, Nuuchahnulth, Nuxalk, Quileute, Tillamook, Tlingit, Tsimshian, Wuikinuxv, Willapa.

**Major Cities:** Vancouver, Surrey, Burnaby, Richmond.

## Multicultural Council of Canada

Non-Profit umbrella organization, promoting world cultures, education & healthcare

<https://www.multiculturalcouncilofcanada.ca> Email: [info@multiculturalcouncilofcanada.ca](mailto:info@multiculturalcouncilofcanada.ca)

**WE** are a non-profit membership organization, helping you connect with people and organizations within **British Columbia** and beyond, for better communication, exchanging ideas, learning & helping communities locally, nationally and globally thru Multicultural Council Chapters.

We encourage you to please become a *member*, join one of our committees, *be a volunteer or mentor*, *donate your time & money and share your ideas to help the communities*. Membership is open to individuals, organizations, corporations and governments.

Please *advertise* your organization, services or products in this website to reach out to local, regional and global multicultural communities.

**Tourism Promotion** has become our special project during these uncertain times, which is hurting Canada's \$105 Billion Yearly (2019) Tourism Revenue, employing more than 2 million people. Unfortunately it is also hurting Tourism revenues in British Columbia significantly.

The Multicultural Communities within BC and throughout the world have always been instrumental in increasing Tourism Revenues for British Columbia, for employment and our economic growth. Let's work together to help each other.

### **British Columbia Information & Contacts**

1. **History & Culture:** [https://en.wikipedia.org/wiki/British\\_columbia](https://en.wikipedia.org/wiki/British_columbia)
2. **History & Culture:** <https://www.britannica.com/place/British-Columbia>
3. **Home- Province of British Columbia** - <https://www2.gov.bc.ca>
4. **Demographics of B.C.:** [https://en.wikipedia.org/wiki/Demographics\\_of\\_British\\_Columbia](https://en.wikipedia.org/wiki/Demographics_of_British_Columbia)
5. **Health Services Authority** - [www.phsa.ca](http://www.phsa.ca)
6. **Ministry of Health** - <https://www2.gov.bc.ca>
7. **B.C.'s First Nations Health Authority** – Website: [www.fnha.ca](http://www.fnha.ca) - Email: [info@fnha.ca](mailto:info@fnha.ca)  
Tel: 604-693-6500 – Toll Free: 1 866 913-0033
8. **Metis Nation BC:** [www.mnbc.ca](http://www.mnbc.ca)
9. **Health Canada First Nations and Inuit Health:** <https://www.sac-isc.gc.ca>
10. **Crisis Centre of BC:** <https://crisiscentre.bc.ca>

- **Newcomers Guide To BC: If You Are New to BC, Please Visit <https://www.welcomebc.ca> For a Complete Information Guide.**

**Guide to Indigenous Organizations & Services** (*The Guide contains listings of over 1,100 Indigenous, First Nations and Métis organizations and services in BC.*)

<https://www2.gov.bc.ca/gov/content/governments/indigenous-people/aboriginal-organizations-services>

***Anyone experiencing pain or distress as a result of their residential school experience can access this 24-hour, toll-free & confidential National Indian Residential School Crisis Line at 1-866-925-4419.***

- ***If you are experiencing domestic violence, call the local police or 911 or call National Domestic Violence Hotline at 1-888-242-2100.***
- **In British Columbia, Please Call TOLL FREE At 1-800-563-0808 (TTY 604-875-0885) or send a Text Message to 1-800-563-0808. You can also send an email to [VictimLinkBC@bc211.ca](mailto:VictimLinkBC@bc211.ca)**
- ***If you feel suicidal or know someone who feels suicidal, please call 1-833-456-4566 (Canada Suicide Prevention Service). Anywhere in BC 1-800-SUICIDE: 1-800-784-2433***
- **In BC Chat & Text Services are available as follows:**
  - i. **BC Interior:** [www.interiorcrisisline.com](http://www.interiorcrisisline.com) (crisis chat available from 5pm-9pm PT)
  - ii. **Coastal Region:** Vancouver Crisis Centre: [www.crisiscentreachat.ca](http://www.crisiscentreachat.ca) (12pm-1am PT)
  - iii. **Northern BC:** [www.northernyouthonline.ca](http://www.northernyouthonline.ca) (4-10p) or call Youth Support at 250-564-8336
  - iv. **Vancouver Island:** [www.vicrisis.ca](http://www.vicrisis.ca) (6pm-10pm PT) or text to 250-800-3806.
- **Mental Health Support Line:** 1-800-784-2433 or 310-6789 – [www.crisisline.bc.ca](http://www.crisisline.bc.ca)

- **Canadian Mental Health Association for the Kootenays:** 1-888-353-2273
- **Canadian Mental Health Association – Vernon:** 1-888-353-2273 <http://vernon-cmha.bc.ca>
- **Vancouver Coastal Regional Distress Line:** 604-872-3311
- **Sunshine Coast/Sea to Sky:** 1-866-661-3311
- **Seniors Distress Line:** 604-872-1234
- **BC Bereavement Helpline:** 1-877-779-2223 – 604-738-9950 [www.bcbh.ca](http://www.bcbh.ca)
- **Fraser Health Crisis Line at Options Community Services:** 604-951-8855 – 1-877-820-7444

All calls are toll-free and confidential. The hotlines are generally available 24/7 in more than 140 languages.

Some of the Multicultural Organizations listed hereunder may also offer help.

All information contained in this website, including contacts, tel #s or emails, etc. are up-to-date to the best of our knowledge. The Multicultural Council of Canada, its officials, staff or volunteers cannot be held responsible for any errors, wrong info or for any liability of any type whatsoever arising thereof. It is strictly your responsibility to check the correct info.

**THANK YOU FOR VISITING OUR WEBSITE**

**PLEASE FORWARD IT TO YOUR FRIENDS & ASSOCIATES  
WITHIN BRITISH COLUMBIA AND BEYOND**

**Please help us by adding, correcting & improving this website to serve our communities**

Please *advertise* your goods & services in this website – to help us continue our services to communities in British Columbia - <https://multiculturalcouncilofcanada.ca/media-kit-ad-rates>

## **GLOBAL SCHOLARSHIP PROGRAM**

Please *donate* & support our Tuition-Free, Post-Secondary Education for the qualified refugees living in British Columbia or anywhere else in the world, through UNHCR and the American Academy of International Education (<https://www.americanacademyedu.org>)

Multicultural Council is a partner agency of UNHCR

- American Academy of International Education is affiliated with MCC

