



Coast to Coast & Around the World

## ALBERTA (AB)

**Population:** 4,756,408

**Income Per Capita:** \$77,000 (Average Canadian Income per capita: \$68,400)

**Government:** <https://www.alberta.ca>

**Telephone.** Toll free: 310-0000 (in Alberta)

**Phone:** 780-427-2711

**Tourism:** 780-431-2300

**Indigenous (First Nations) Groups:** 45

**Major Cities:** Calgary, Edmonton, Red Deer, Strathcona County, Lethbridge,

## Multicultural Council of Canada

Non-Profit umbrella organization, promoting world cultures, education & healthcare

<https://www.multiculturalcouncilofcanada.ca> Email: [info@multiculturalcouncilofcanada.ca](mailto:info@multiculturalcouncilofcanada.ca)

**WE** are a non-profit membership organization, helping you connect with people and organizations within **Alberta** and beyond, for better communication, exchanging ideas, learning & helping communities locally, nationally and globally thru Multicultural Council Chapters.

We encourage you to please become a *member*, join one of our committees, **be a volunteer or mentor**, *donate your time & money and share your ideas to help the communities*. Membership is open to individuals, organizations, corporations and governments.

Please *advertise* your organization, services or products in this website to reach out to local, regional and global multicultural communities.

**Tourism Promotion** has become our special project during these uncertain times, which is hurting Canada's \$105 Billion Yearly (2019) Tourism Revenue, employing more than 2 million people. Unfortunately it is also hurting Tourism revenues in Alberta significantly.

The Multicultural Communities within AB and throughout the world have always been instrumental in increasing Tourism Revenues for Alberta, for employment and our economic growth. Let's work together to help each other.

## Alberta Information:

1. **History & Culture:** <https://en.wikipedia.org/wiki/Alberta>
2. **History & Culture:** [www.britanica.com/place/Alberta-province](http://www.britanica.com/place/Alberta-province)
3. **General Information:** [www.informalberta.ca](http://www.informalberta.ca)
4. **Demographics:** [https://en.wikipedia.org/wiki/Demographics\\_of\\_Alberta#](https://en.wikipedia.org/wiki/Demographics_of_Alberta#)
5. **Distress Centre Calgary:** 403-266-4357 <https://www.distresscentre.com>
6. **Health:** <https://albertahealthservices.ca>
7. **Canadian Mental Health Association- Edmonton:** 780-482-4357 **Calgary:** [www.cmha.calgary.ab.ca](http://www.cmha.calgary.ab.ca)
8. **Multicultural Health Brokers Cooperative:** [www.mchb.org](http://www.mchb.org)
9. **Family & Community Resource Centre** – Alberta Children’s Hospital – [www.albertahealthservices.ca](http://www.albertahealthservices.ca)
10. **Kids Help Line:** 1-800-668-6868 <https://kidshelpphone.ca>
11. **Multicultural Mental Health Resource Centre:** <https://www.dev.multiculturalmentalhealth.ca>
12. **Tourism:** <https://www.travelalberta.com>
13. **Indigenous Organizations:** [www.indigenous.alberta.ca](http://www.indigenous.alberta.ca)

**211** - 211 is an essential service that helps Albertans find the right resource or service for whatever issue you need help with, at the right time. 211 is available 24/7 by phone, text and chat. The service is **FREE**, confidential and available in more than 170 languages/dialects over the phone.

On a national level, 211 connects people to the right information & services, strengthens Canada’s health & human services, and helps Canadians to become more engaged with their communities.

- **National Indian Residential School Crisis Line: 1-866-925-4419**  
Anyone experiencing pain or distress as a result of their “Residential School” experience can access this 24-hour, toll-free & confidential service.
- **Domestic Violence:** If you are experiencing ‘Domestic Violence’ call the local Police or 911, or call National Domestic Violence Hotline at 1-888-242-2100
- **In Alberta – Please call Family Violence Info Line: 780-310-1818** (Toll Free, 24/7, Multilingual)
- **Canada Suicide Prevention Service – 1-833-456-4566** (If you feel suicidal or know someone who feels suicidal, please contact this number for help, or **TEXT 45645** or visit [www.crisisservicescanada.ca](http://www.crisisservicescanada.ca))
- **In Alberta, Chat & Text Services are available as follows (Calgary Area)**
  - i. Distress Centre Calgary: Crisis Chat Support: [www.distresscentre.com](http://www.distresscentre.com) (from 3pm MST)
  - ii. TEEN: Crisis Text & Chat Support: [www.calgaryconnectteen.com](http://www.calgaryconnectteen.com) (from 3pm MST)
  - iii. Wood’s House: Crisis Text & Chat Support: [www.woodshomes.ca](http://www.woodshomes.ca) (9.00am-10.00pm MST)
- **National Overdose Response Service (NORS): 1-888-688-6677** <https://www.norse.ca>  
An overdose prevention hotline for Canadians providing loving, confidential, non-judgmental support for you, whenever & wherever you use drugs.

**All information contained in this website, including contacts, tel #s or emails, etc. are up-to-date to the best of our knowledge. The Multicultural Council of Canada, its officials, staff or volunteers cannot be held responsible for any errors, wrong info or for any liability of any type whatsoever arising thereof. It is strictly your responsibility to check the correct info.**

**THANK YOU FOR VISITING OUR WEBSITE**

**PLEASE FORWARD IT TO YOUR FRIENDS & ASSOCIATES  
WITHIN ALBERTA AND BEYOND**

**Please help us by adding, correcting & improving this website to serve our communities**

Please *advertise* your goods & services in this website – to help us continue our services to communities in Alberta - <https://multiculturalcouncilofcanada.ca/media-kit-ad-rates>

## **GLOBAL SCHOLARSHIP PROGRAM**

Please *donate* & support our Tuition-Free, Post-Secondary Education for the qualified refugees living in Alberta or anywhere else in the world, through UNHCR and the American Academy of International Education (<https://www.americanacademyedu.org>)

Multicultural Council is a partner agency of UNHCR

- American Academy of International Education is affiliated with MCC

